**Nevoid Hyperkeratosis of the Nipple**

**Patient:** A 32-year-old woman

**Duration:** 9 Years

**Distribution:** Left areola

**History:** Progressive and asymptomatic.

**Physical Exam:** Verrucous keratotic plaque

**Histopathology:** Excessive hyperkeratosis and plugging with associated slight degree of retiform hyperplasia of the epidermis.

**Discussion:** Nevoid hyperkeratosis of the nipple and areola is a rare benign condition of unknown etiology, classified into three types.

*Type I:* Hyperkeratosis of the nipple and areola representing the extension of a verrucous nevus. It is usually unilateral.

*Type II:* Hyperkeratosis of the nipple and areola associated with a disseminated dermatosis (ichtchysis, lymphoma, acanthosis nigricans, etc..)

*Type III:* Idiopathic (nevroid) hyperkeratosis of nipple and areola seen predominantly in women; usually bilateral.

Three subsets:
1. Idiopathic hyperkeratosis of nipple
2. Idiopathic hyperkeratosis of nipple and areola
3. Idiopathic hyperkeratosis of areola

**References:**