

Preparation for colonoscopy

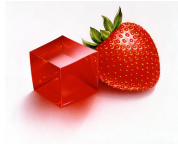
One day prior the procedure:

For Breakfast, Lunch and Dinner, You may only have the following fluids:

-Water



-Juice



-Jello

-Tea, coffee



-Soft drinks

-Milk, yogurt



- Strained/ Clear soup

-Custard



-Muhallabieh

During The Evening:

Dissolve 4 Sachets of the solution prescribed by the doctor in 4 liters of cold water and drink the whole preparation between 4 pm and 10 pm.



Day of the Procedure:

You are allowed to have a glass of water **ONLY**

