Do you want to know?

Cystoscopy

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sheet 1/1

What is it?

Cystoscopy is an endoscopic procedure done with high technique equipment that enables the physician to visualize the urinary tract from the meatus (the small opening from where urine exits the body) to the bladder. It usually takes around 10–15 minutes and it is done under a local anesthetic, the Lidocaine jelly. It is NOT painful but you might feel a slight discomfort during the procedure.

What do you need to know?

There is no special preparation. You can eat or drink before the procedure. You should inform your physician if you are taking any blood thinning medications like Aspirin, Sintrom or Plavix. These medications should be stopped 5–7 days prior to the procedure as informed by your physician.

What you need to do after?
You can go back to work or resume your normal day activities. It will help if you drink around 2 liters of water when you experience a burning sensation upon urination or see a little blood in the urine. These are NORMAL consequences caused by cystoscopy.

When to call the clinic or your physician?
In case of any of the following: high temperature, any major discomfort and/or inability to void for around 6 hours after the cystoscopy, or severe bleeding.

INSTRUCTIONS

The content of this educational leaflet is of general information. Ask your physician or health care provider if this content applies to you.
Prepared by the Nursing Services in coordination with other health care disciplines.

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