

INFLUENZA VACCINATION CAMPAIGN

Dear AUB Community,

Influenza is a highly infectious disease caused by the Influenza virus. It is transmitted from person to person through infected secretion droplets spread by coughing or sneezing.

Outbreaks occur virtually every year and almost exclusively in winter.

Symptoms include headache, fever, cough, sore throat and may cause severe illness and life threatening complications in many people.

The **FLU VACCINE** is considered to be the most effective preventive measure. It provides 70-90% protection against the disease.

Protection lasts only one year, therefore, annual vaccination is recommended

An annual Flu shot is recommended for:

- All children 6 - 59 months of age
- All persons aged 50 years and older
- Adults and children who have chronic pulmonary (including asthma), cardiovascular, renal, hepatic, hematological or metabolic disorders (including diabetes mellitus)
- Persons with certain muscle disorders such as seizure disorders or cerebral palsy
- Persons with weakened immune systems
- Adults and children who have any condition (e.g., cognitive dysfunction, spinal cord injuries, seizure disorders, or other neuromuscular disorders)
- Children and adolescents (6 months - 18 years) who are receiving long term aspirin therapy
- Woman who will be pregnant during the influenza season
- Health Care Personnel

http: www.cdc.gov/flu

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vaccination will be provided free of charge

For more information please contact:

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