

## **The Shoulder**

### Importance

Shoulder pain is very common. It represents the seventeenth and twenty-ninth most common reasons why patients consult their internist and family physician, respectively. Usually, the family physician can establish the correct diagnosis and direct appropriate therapy without orthopedic or rheumatologic consultation.

### Objectives

- Understand the basic anatomy of the shoulder joint
- Do an appropriate physical examination of the shoulder
- Review the major causes of shoulder pain
- Give the appropriate treatment
- Be able to inject the shoulder through different approaches

### Format of the Session and Program

- Session on anatomy of the shoulder joint: 1 afternoon
- Video review of shoulder exam: the normal and the painful shoulder: 3 hours
- Practical hands-on training session
- Injection of a shoulder model

### Participants

Residents and faculty of the Department of Family Medicine