

Deep Roots, Endless Skies

## Executive Health Program

### The American University of Beirut Medical Center

Over the past 140 years, the medical center has distinguished itself in the delivery of state-of-the-art medical care in the region.

The Executive Health Program was established particularly to provide personalized health checkups for busy individuals and executives. The packages are custom-tailored to each individual based on age, gender, potential risk factors, and past medical and family history.

The program emphasizes wellness and healthy living by focusing on identifying lifestyle and hereditary factors, and applying preventive interventions for early detection of serious conditions such as cancer and cardiovascular disease. This will be achieved through a comprehensive prescheduled medical examination carried out by qualified physicians over a 1 or 2-day stay in our comfortable exclusive suite, in which most of the laboratory tests and consultations will conveniently be performed.

Prior to discharge, the attending physician will discuss the preliminary results with the individual which will be followed later with a detailed report that includes copies of test results, recommendations and relevant instructions.

For our international visitors, travel assistance is offered, including airline and hotel reservations, required airport and local transportation to and from the medical center as well as information on leisure and touristic activities in Lebanon.

To receive our brochure, and/or for further information and appointments kindly contact

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