

Executive Health Check-up – Schedule

Please find below a preliminary schedule of your Executive Health Check-up

Day 1: Date		
Time	Description	Location
8:30am	Arrival to AUB Medical Center and Completion of Admission Procedures – Please arrive fasting as of midnight	Admitting Office – Ground Floor
9:00am	Initial meeting with Executive Health Team <ul style="list-style-type: none"> • Lab Tests – Blood Drawing • Resting EKG • History review and physical exam by Executive Health Physician 	Suite 802- 8 th floor
10:30am	Chest x-ray	Basement
	Back to Suite 802 Resting Period and Breakfast	Suite 802
12:30pm	Visual Assessment & Tonometry	7 th floor
1:30	Back to Suite 802 Lunch	Suite 802
3:00	Follow-up visit by Executive Health Physician	Suite 802
6:00pm	Dinner	Suite 802

Day 2 : Date		
Time	Description	Location
8:00am	Additional lab tests if requested	Suite 802
8:30am	Breakfast	Suite 802
10:00am	Spirometry	5 th floor
10:45am	Audiogram	6 th floor
11:30am	Nutritional Counseling	Suite 802
12:30pm	Lunch	Suite 802
1:30pm	Other consultations optional	
3:30pm	Follow-up meeting and review of results with Executive Health Physician	Suite 802
4:30pm	End of Executive Check-up	